



150 Greenmeadows Drive
Port Macquarie, NSW 2444
PO Box 9222, Port Macquarie, NSW 2444
Medicare Provider No. 5401363T
ABN: 37 641 570 541
P: 0435 005 669 F: 02 6583 4900
don@mackenziesocialwork.com.au
www.mackenziesocialwork.com.au

Understanding Trauma Program

Trauma - neurophysiology and treatment (half-day/3hrs)

1. What is trauma?
2. The evidence-base
3. Neuroendocrinology and trauma
4. Stress, attachment and coping
5. Mental health and trauma
6. Diagnostic considerations
7. Treatment modalities and considerations

Trauma informed care - principles and skills (half-day/3hrs)

1. What is trauma informed care?
2. The evidence-base
3. TIC Framework: Six principles
4. Parent/Caregiver issues
5. Support options
6. Best practice
7. Self-care and reflection

Course:

This dynamic and interactive training is based on contemporary evidence and can be delivered stand-alone or as two half-day workshops. A PDF of each comprehensive PowerPoint is emailed to all participants as a learning tool. Other support resources which are referenced or discussed during the training are also shared with participants.

Facilitator:

Don has two university degrees in social work and over 23 years' experience as a therapist and trainer. Don combines his extensive practical experience with evidence-based principles to help apply participant learning. Don has worked in a variety of organisations in trauma, child and family health, and mental health. <https://www.mackenziesocialwork.com.au/about>

Contact:

Please email don@mackenziesocialwork.com.au or phone 0435 005 669 for more information about this training.